

Both of these challenging routes begin at the Woodland Discovery Centre and head out into the Peak District for lots of climbing along some exposed moorland paths. The dramatic views are really worth the effort – just make sure that you are well equipped for the conditions, bringing along waterproofs, a spare layer, food, drink and proper trail running shoes. Both routes are signed at key junctions but we recommend taking your own detailed map and compass.

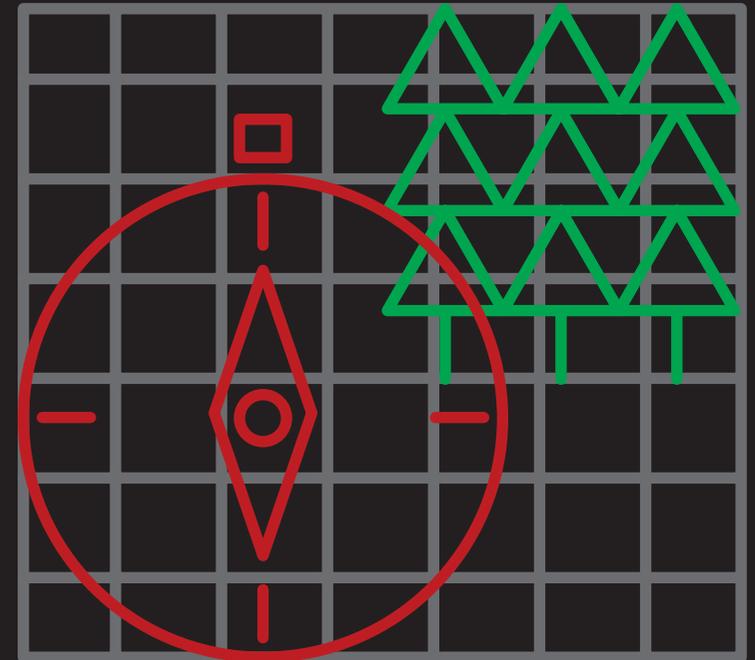
The 24km 'INOV-8' Black route runs through Ecclesall Woods up into Whiteley Woods and on into the Porter Valley before heading over to Redmires Reservoirs. Enjoy dramatic views over Stanage and Burbage Edge before returning to Sheffield through the Limb Valley and back into Ecclesall Woods.

The 14km 'ACCELERATE' Red route follows the same route out of the woods before turning south after the Porter Valley, cutting across Ringinglow Road and back through Lady Canning's Plantation to the Discovery Centre.



THE OUTDOOR CITY RUN ROUTES

Ecclesall Woods – Challenging run routes to the moors and back.



Along streams, up hills, between trees. Follow The Outdoor City Run Routes and explore the greenest city on foot.

Provided by:



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For more information on this and other running routes:

www.theoutdoorcity.co.uk

#findyourpace

DISTANCE

14KM

24KM

DIFFICULTY

HARD

CHALLENGING

TERRAIN

Mostly trail with some areas of open ground. Well surfaced paths can give way to rocks, uneven areas and some road

FACILITIES



LOCATION

S7

GPX LINK

RED ACCELERATE ROUTE:
http://gb.mapometer.com/running/route_4447732.html

BLACK INOV-8 ROUTE:
http://gb.mapometer.com/running/route_4479332.html

CHECK LIST

Map and Compass
Trail or Fell shoes
Spare food/water
Waterproof running jacket
Spare warm top
Mobile phone

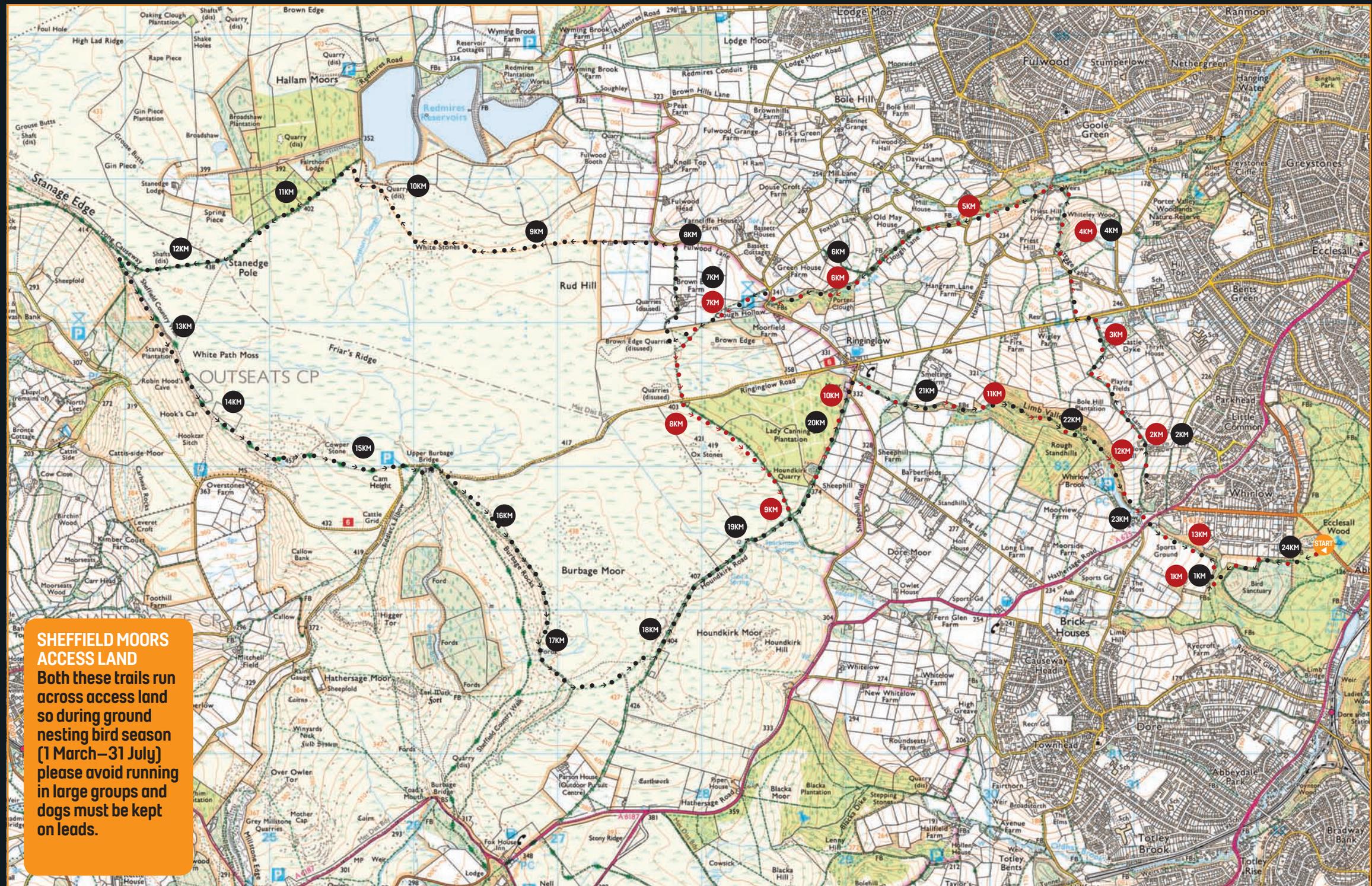
NOTE

The INOV8 and Accelerate routes are part way marked. Some navigation is required, more so in poor visibility. Please carry the map!

FIND YOUR PACE IN THE OUTDOOR CITY

Thirty run routes are now signposted and mapped across fourteen locations. Explore Sheffield by seeking The Outdoor City Run Routes we've marked in parks and woodland across the city. We've colour coded them so that whatever your pace you can choose trails that suit **Easy, Medium, Hard** and **Challenging**. You'll soon find that every route gives you a different experience whether you choose to walk or run – it's all about finding your pace.

Bradfield to Damflask **5KM 10KM**
City Centre **2.4KM 5.7KM**
Concord & Woolley Wood **2.5KM 4KM**
Ecclesall Wood **1.2KM 4KM 5KM 14KM 24KM**
Firth Park **1.7KM 4.3KM**
Graves Park **2.5KM 4KM**
High Hazels **1.6KM 4.7KM**
Lowfield **355M**
Manor Fields Park **1.6KM**
The Ponderosa & Crookes Valley **1KM 3KM**
Rivelin **2.1KM 3.7KM**
Shirebrook **1.3KM 5.3KM**
Thornciffe **2.3KM 4KM**
Wharncliffe **1.2KM 4.5KM 10KM**



SHEFFIELD MOORS ACCESS LAND

Both these trails run across access land so during ground nesting bird season (1 March–31 July) please avoid running in large groups and dogs must be kept on leads.